



## **PHYSIOTHERAPIST**

### **BADMINTON ASSOCIATION OF MALAYSIA (BAM)**

**Grade:** Level One - Junior Practitioner

**Job Type:** Permanent

**Normal Location:** PETRONAS Akademi Badminton  
Malaysia, Kuala Lumpur

**Salary Scale:** Salary range from RM2,500 – RM3,000 per  
month

**Application Deadline:** Saturday 26 November 2022  
17:00hrs

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## **JOB DETAILS**

Grade: Level One - Junior Practitioner

Department: Performance

Reports to: Head of Sports Medicine

Hours of Work: Hours required to complete your duties. This may involve working outside of normal working hours and on weekends and public holidays.

Location: The normal place of work is PETRONAS Akademi Badminton Malaysia, Bukit Kiara, Kuala Lumpur. Though BAM may require you to work offsite both nationally and internationally.

## **ROLE SUMMARY**

The role will provide physiotherapy support and treatment to BAM's National program Athletes (Senior and Development squads). To include but not limited to injury prevention and rehabilitation, working as part of a multi-disciplinary team contributing towards continual improvements in on-court performance.

## **MAIN TASKS AND ACTIVITIES**

Work alongside current Sports Science and Medicine staff and coaches to provide physiotherapy services to improve performance and education within key areas of injury prevention, rehabilitation and recovery:

- To treat and provide therapeutic exercises for players undergoing rehabilitation in BAM National Training Centre which shall include players under the National Senior and Junior programmes
- To design and deliver tailored treatments and programmes, including return-to-play, exercise testing, preparation for tournaments/matches and injury prevention
- To advise and work with the Coaching Directors/Coaches on relevant programs for the players; at times to incorporate specific prevention programmes to the overall training programme

- To diagnose and assess Badminton players' physical condition and injuries; if required, refer these players to external partners
- To provide stretching and taping to the players as and when required
- To give massages and applying strapping and taping techniques to provide support to players
- Give first aid (if required), and administer treatment for minor injuries such as bruises, strains, blisters, etc.
- To conduct regular postural screening for BAM's National teams
- Assist in the provision of recovery services
- Work proactively in an interdisciplinary style to enhance the impact of your role
- Create and present reports on the outcomes of the training programmes/ interventions that have been delivered
- Maintain a thorough database of all player injury/illness records using the current system employed within BAM
- Develop knowledge in the provision of physiotherapy services in Badminton through time spent researching/reading to ensure servicing remains at the cutting edge
- Attend and contribute to meetings relating to the planning and review of player performance training
- Work with the support team to inform and provide education in the effective use of physiotherapy/Sports Medicine using a range of communication methods e.g. one-to-one conversations, workshops, presentations
- Constantly reflect on your own performance/impact and work with line managers on your PDP (Personal Development Plan)
- Work within the boundaries of confidentiality, and ensure your interactions are promoting player health and wellbeing. Including following the current BAM general staff guidelines

## PERSON SPECIFICATION

This specification is not exhaustive and reflects the basic requirements of the role, the requirements may change as the needs of the sport and organisation develop:

COMPETENCY AREA	ASSESSED BY
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### Qualifications

Degree (or equivalent) in physiotherapy or related area	<b>Certificate</b>
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### Experience

Effective delivery of physiotherapy services to athletes and individuals to improve sports performance and enhance recovery. This should ideally include working with national/international level athletes and coaches	<b>Application Interview</b>
Perform physical and postural diagnoses and assessments and be able to apply appropriate injury prevention interventions	<b>Application Interview</b>
Plan and deliver both short and long-term periodised training relating to specific goals, supported by appropriate monitoring and assessments	<b>Application Interview</b>

Have a verifiable record of working within a multi-disciplinary team in the delivery of S&C services to individuals/teams	<b>Application Interview</b>
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### **Knowledge and Skills**

Understanding the needs of elite athletes and coaches in a high performance environment	<b>Application Interview</b>
Understanding of other sports medicine and sports science disciplines and how they impact physiotherapy	<b>Application Interview</b>
Knowledge of human anatomy and how it relates to sporting movements and Badminton in particular	<b>Interview</b>
Knowledge and ability to error check and coach rehabilitation and prehabilitation exercises	<b>Application Interview</b>
Knowledge and ability to construct rehabilitation and prehabilitation sessions on a micro-, meso- and macrocycle level	<b>Application Interview</b>
Ability to modify return to play programmes based on physical assessments and apply this within individual and group settings	<b>Application Interview</b>
Knowledge of a range of physical assessments and an understanding of normative values relevant to Badminton	<b>Interview</b>
Knowledge of how to harness data to inform and underpin improvements in human performance and injury prevention	<b>Application Interview</b>
Ability to communicate data to a range of stakeholders e.g. coaches, players, management	<b>Interview</b>
Verifiable record of building and sustaining relationships that support improvements in performance and injury prevention	<b>References Interview</b>

For this level of role, we would expect the individual to have a minimum of 1 year experience in providing physiotherapy services to athletes and/or teams. Lacking this will not exclude an applicant from being successful, but other areas must be demonstrated to be stronger for further consideration. It is important to BAM that all applicants are interested in Badminton, and potentially play and have a good knowledge of high level Badminton.

There will be a practical exercise and assessment process involved in the selection of this role. Further details will be provided to shortlisted candidates.

### **TO APPLY:**

1. Please send in your CV and covering letter, including two professional references
2. Pre-interview task:

Record a video (less than 2mins/2GB) to answer the question:

### **What is the added value of an effective physiotherapist to our team?**

To help answer use examples of your own practice and experience.

Please submit video at the same time as CV/covering letter via <https://wettransfer.com/> with Title: BAM Physiotherapist Application (insert name). Please submit both parts to [admin@bam.org.my](mailto:admin@bam.org.my) before the deadline.