



JOB DESCRIPTION

Job Title:	Physiotherapist	Division/Department:	Sports Sciences and Medicine
Grade:	Executive	Reports to:	Head Of Sports Science & Sports Medicine

Job Purpose	To provide professional physiotherapy services that support the physical well-being, recovery, and injury prevention of BAM national athletes through individualized treatment, rehabilitation, and performance-based care by ensuring optimal readiness for high-level badminton competition.
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Job Description and Responsibilities:

1. 1. Injury Assessment, Treatment & Rehabilitation

- Assess, diagnose, and treat musculoskeletal injuries sustained by players during training or competition.
- Develop and implement individualized rehabilitation and return-to-play programs tailored to badminton-specific needs.
- Provide hands-on treatments such as joint mobilization, soft tissue therapy, strapping, and taping.
- Deliver immediate first aid care for minor injuries (e.g., bruises, sprains, blisters) during on-court sessions or events.
- Conduct posture screening, functional movement assessments, and corrective plans to optimize physical readiness.

2. Injury Prevention & Performance Support

- Integrate injury prevention strategies into training programs in collaboration with the sports science and coaching teams.
- Support strength & conditioning efforts to address biomechanical imbalances and reduce injury risks.
- Facilitate athlete recovery services including cryotherapy, compression therapy, stretching, and mobility work.
- Educate players on body care, injury prevention, recovery routines, and self-management strategies.

3. Medical Coordination & External Referrals

- Coordinate and, when required, accompany players to the National Sports Institute (ISN) or other external medical facilities for diagnostic imaging, specialist consultations, or further treatment.
- Track and follow up on medical appointments, reports, and recommendations from external healthcare providers to ensure alignment with BAM's internal rehab and performance plans.
- Assist in preparing and submitting medical clearance, treatment summaries, and return-to-play documentation.
- Coordinate the scheduling and facilitation of yearly medical check-ups for national players, including appointment bookings, pre-check instructions, report collection, and post-checkup follow-ups with ISN or designated medical partners.

4. Tournament & Camp Support

- Provide physiotherapy services during domestic and international tournaments, centralised training camps, and competitions.
- Support pre-tournament medical checks, treatment schedules, and recovery programs throughout the event.
- Ensure all essential equipment and consumables are packed, transported, and maintained during travel assignments.

5. Documentation & Reporting



- Maintain accurate, confidential medical records for all players, including treatment logs, injury history, and rehab progress.
- Generate and present reports on rehabilitation status and medical updates to BAM's medical and coaching teams.
- Contribute actively to multi-disciplinary meetings focused on player health, performance planning, and risk management.

6. Medication, Equipment & Inventory Management

- Monitor, track, and manage the usage of physiotherapy tools, medications, tapes, creams, and related supplies.
- Maintain hygiene and functionality of all treatment equipment and ensure proper storage and safety practices are followed.
- Regularly update inventory and submit timely requisition forms to ensure uninterrupted support.

7. Professional Conduct & Boundaries

- Maintain professional boundaries with athletes (as patients) and deliver care in accordance with medical ethics and BAM's code of conduct.
- Ensure consent, discretion, and appropriateness in all physical interactions.
- Uphold confidentiality, professionalism, and respect at all times especially during travel, recovery, or private sessions.

8. Interdisciplinary Collaboration

- Work collaboratively with other support staff, including nutritionists, psychologists, and sports scientists, to ensure a holistic approach to athlete wellness and performance.
- Align rehabilitation and treatment timelines with coaches and S&C staff to support seamless athlete reintegration into full training.

9. Compliance & Anti-Doping Support

- Ensure all therapeutic practices are in line with WADA regulations and BAM's anti-doping policies.
- Maintain proper documentation for any use of therapeutic substances and assist in maintaining a clean sport environment.

10. Continuous Professional Development

- Stay updated with current trends, scientific developments, and evidence-based practices in physiotherapy and sports medicine.
- Participate in training courses, certifications, and knowledge-sharing sessions. Collaborate with supervisors to develop and follow a Personal Development Plan (PDP) for continuous improvement.

Other Responsibilities:

In addition to the key responsibilities outlined, the Physiotherapist is also expected to:

- Provide on-site support during national and international tournaments, training camps, or centralised preparations, including travel if required.
- Assist in pre-tournament medical checks, treatment planning, and clearance assessments for players.
- Collaborate with nutritionists, psychologists, and other support staff to deliver holistic athlete care.
- Prepare and submit reports, documentation, or medical summaries required by management, MSN, ISN, or tournament organizers when requested.
- Maintain tidiness, hygiene, and professional standards of the physiotherapy room, equipment, and supplies at all times.
- Participate actively in department meetings, briefings, and inter-departmental coordination sessions when required.
- Contribute to internal workshops, seminars, or knowledge-sharing sessions for athletes and staff on sports injury management, rehab, and prevention.



- Assist BAM's Head of Sports Medicine or management in compiling reports, policy reviews, or proposals related to athlete health and physiotherapy services.
- Provide support for office-wide activities, such as Council Meetings, Annual General Meetings (AGMs), administrative briefings, or other engagements as directed by BAM's senior management.
- Undertake any other duties assigned by the Head of Sports Medicine, Head of Sports Science, or Director of Coaching, in line with BAM's mission to enhance athlete welfare and performance.
- Participate in department meetings, workshops, and team briefings.
- Undertake any additional tasks or assignments as directed by the **Head of Sports Science & Sports Medicine**, Director of Coaching, or BAM management, in line with the evolving needs of the athletes and the Association.

Core Values Expected:

- **Athlete-Centred Care**
Place the health, recovery, and performance readiness of athletes as the top priority in all treatment and support activities.
- **Integrity & Confidentiality**
Uphold strict medical ethics, maintain player confidentiality, and adhere to the highest standards of honesty and discretion in all clinical and interpersonal matters.
- **Collaboration & Teamwork**
Work respectfully and cooperatively with coaches, medical personnel, sports science staff, and management to deliver holistic and consistent athlete care.
- **Accountability & Responsibility**
Demonstrate reliability in all duties—clinical, administrative, and travel-related—while taking ownership of outcomes and continuously improving service quality.
- **Respectful Conduct & Boundaries**
Maintain professionalism, respect, and clear personal boundaries when working with players (patients), ensuring trust and integrity in the therapist–athlete relationship.
- **Continuous Learning & Innovation**
Embrace ongoing professional development, stay updated with best practices, and seek innovative approaches to improve recovery, injury prevention, and physiotherapy services.
- **Discipline & Adaptability**
Exhibit discipline in daily routines and flexibility to support demanding schedules, including training camps, tournaments, and administrative events such as Council Meetings and AGMs.